

# Summer



# AQUATICS

May 28 - September 3, 2018

## RECREATION SWIM INFORMATION

### ★ MAY 28-AUGUST 12

<u>Facility</u>	<u>Fees</u>	<u>Age Group</u>	<u>Session #1</u>	<u>Session #2</u>	<u>Evening Session</u>
Peak Park Municipal Pool	\$1.50 Adults \$1.00 Kids	All Ages	Daily 12:30-2:15 PM	Daily 2:45-4:30 PM	Tues & Thurs 6:30-7:30 PM
Boisseranc Park Pool	\$1.50 Adults \$1.00 Kids	All Ages	Daily 12:30-2:15 PM	Daily 2:45-4:15 PM	Closed
Brenner Park Wading Pool	Free	6 & Under	Mon-Fri 1-4 PM	Closed	Closed

### ★ AUGUST 13-SEPTEMBER 3

<u>Facility</u>	<u>Fees</u>	<u>Age Group</u>	<u>Session #1</u>	<u>Session #2</u>	<u>Evening Session</u>
Peak Park Municipal Pool	\$1.50 Adults \$1.00 Kids	All Ages	Sat-Sun ONLY 12:30-2:15 PM	Daily 2:45-4:30 PM	Mon-Fri 5:00-7:00 PM
Boisseranc Park Pool	\$1.50 Adults \$1.00 Kids	All Ages	Sat-Sun ONLY 12:30-2:15 PM	Sat-Sun ONLY 2:45-4:15 PM	Closed



Discount Books available for \$8, a \$10 value!

## GENERAL POOL RULES

- Children under 7 yrs. of age must be accompanied by an adult in the water.
- Swimming suits and rash guards only.
- No street clothes.
- No refunds will be issued for recreation swimmers.
- City is not responsible for lost, damaged, or stolen items.
- No food allowed.
- No fins, masks, or toys.
- No water wings, life vests, or flotation devices.
- Patrons who do not abide by pool rules will be asked to leave the facility.
- All adults (non-swimming) must check in at front desk.
- Large day care groups/day camps (15+ people) must make a reservation.
- No pets allowed.

## POOL LOCATIONS

**Peak Park Municipal Pool** (714) 562-3874  
7225 El Dorado Drive

**Boisseranc Park Pool** (714) 562-3871  
7520 Dale St.

**Brenner Park Wading Pool** (714) 562-3875  
7373 San Rafael

**POOL RENTALS AVAILABLE SATURDAYS & SUNDAYS FROM 10 AM-12 PM & 5-7 PM.**

**FREE RECREATION SWIM ON MEMORIAL DAY, MONDAY, MAY 28!**

**SWIM LESSON INFORMATION ON REVERSE SIDE!**

# Swimming Lessons

Class	Age Group	Instructor Ratio	Fees	Description
Parent "N" Me	10 mo.-4 yrs.	12:1	\$42/9 classes	Parents will be led through water adjustment and exploration activities while learning water safety skills with their child.
Turtles/Tadpoles	4-5 yrs.	6:1	\$42/9 classes	Young swimmers learn independent water safety including breath control, floats, and recovery positions.
Minnows	6-17 yrs.	10:1	\$42/9 classes	Beginner swimmers are divided into 3 groups of skill levels and learn floating, front and back crawl, and are introduced to treading.
Seals	6-17 yrs.	12:1	\$42/9 classes	For intermediate swimmers to increase endurance and learn sidestroke, breaststroke, and butterfly concepts.
Dolphins/Barracudas	6-17 yrs.	12:1	\$42/9 classes	Advanced swimmers will learn all 6 strokes, open wall turns, flip turns, and shallow angle diving entries.
Diving	6-17 yrs.	12:1	\$42/9 classes	Participants learn the foundations of springboard diving including safety, approaches, and water entry. To ensure a safe environment, all divers must be able to swim.
Adult Beginner	18 yrs. & Up	10:1	\$42/9 classes	Instructors will help each adult progress at their own pace. Breath control, body rotation, and general proficiency will be assessed.
Lifeguard in Training	13-19 yrs.	12:1	\$42/9 classes	Teens interested in becoming lifeguards will learn basic water safety, approaches, and beginner rescue skills. First Aid and CPR concepts will be taught.
Water Polo	10-17 yrs.	12:1	\$42/9 classes	This class teaches water polo techniques such as treading, swimming with a ball, and passing. Participants must be able to swim.
Aqua Aerobics	18 yrs. & Up	12:1	\$42/9 classes	This fun filled fitness class will tone and strengthen muscles and improve range of motion. May include circuit training, water walking, and resistance work in addition to general water aerobics. Participants should be comfortable in the water.
Private Swim Lessons	All	1:1 or 1:2	\$137/9 classes	Adults and children can benefit from individualized instruction, 1 or 2 participants per class. There is greater flexibility in class scheduling, however all lessons must be completed within the session dates.

## SWIM LESSON INFORMATION

- Swim classes will be taught at Peak Park Municipal Pool at 7225 El Dorado Dr.
- All classes are 30 minutes long.
- Each session runs 9 days (Mon-Fri for the first week; Mon-Thurs for the second week).
- Make-up lessons are not offered for group swim lessons.
- If for any reason a class is cancelled by the City, make up classes will be held on Friday of the second week.

## REGISTRATION INFORMATION

- Register for all classes in person at Peak Park Municipal Pool.
- Registrations are accepted on a first come, first served basis until the first day of classes.
- Cash, personal checks, and credit cards are acceptable methods of payment.
- No refunds will be given.
- Interest list available for Diving and Water Polo classes.

**For more information, please call 714-562-3860.  
After May 28, please call 714-562-3874.**

**Visit [www.BuenaPark.com](http://www.BuenaPark.com) for more information.**

Session	Class Dates	Registration Dates	Registration Times
#1	June 4-14	May 26 & May 27 May 28-June 4	10 am-2 pm Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm
#2	June 18-28	June 9-June 18	Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm
#3	July 2-13 (no class on July 4)	June 23-July 2	Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm
#4	July 16-26	July 7-July 16	Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm
#5	July 30-August 9	July 21-July 30	Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm
#6	August 13-23 (afternoon classes only)	August 4-August 13	Mon.-Fri., 9:30 am-6 pm & Sat.-Sun. 12:45-4 pm

Time	Class Schedule (subject to change)			
9:40-10:10 am	Turtles/Tadpoles	Minnows	Seals	
10:15-10:45 am	Turtles/Tadpoles	Minnows	Seals	Parent N' Me
10:50-11:20 am	Turtles/Tadpoles	Minnows	Dolphins/Barracudas	Parent N' Me L.I.T.
11:25-11:55 am	Turtles/Tadpoles	Minnows	Dolphins/Barracudas	Diving* L.I.T.
4:45-5:15 pm	Turtles/Tadpoles	Minnows	Seals	Aqua Aerobics Water Polo*
5:20-5:50 pm	Turtles/Tadpoles	Minnows	Seals	Parent N' Me
5:55-6:25 pm	Turtles/Tadpoles	Minnows	Dolphins/Barracudas	Parent N' Me Adult Beginner
6:30-7:00 pm	Turtles/Tadpoles	Minnows	Dolphins/Barracudas	